

STOP



Violence Against Women



"SAFETY" is about

- NOT having to say you're sorry
- NOT apologizing
- NOT making excuses to others for HIS behaviour
- Finding a safe place to escape from violence
- Believing it is not your fault
- Taking care of YOU - YOU deserve nothing less
- Believing in HOPE

Escaping violence is possible! Check out www.sheltersafe.ca where you will find Canada's most comprehensive resource to finding help in your community and staying safe. Help is just a click away.

