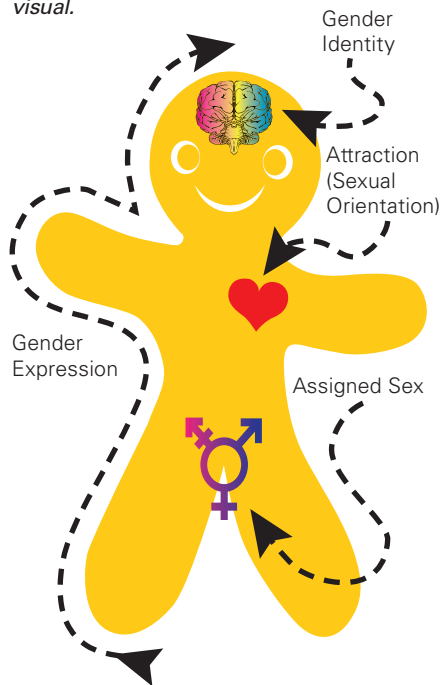


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The Genderbread Person

This friendly infographic breaks down gender identity, gender expression, assigned sex, and attraction (sexual orientation) into an easy to understand visual.



Source: It's pronounced Metrosexual

Gender Identity

Nongendered ○ → Woman-ness
○ → Man-ness

Gender identity is how you, in your head, think about and experience gender, and how you interpret what that means in social context.

Gender Expression

Agendered ○ → Masculine
○ → Feminine

Gender expression is how you communicate your gender in society by expressing femininity, masculinity, both, and/or neither.

Assigned Sex

Intersex ○ → Male-ness
○ → Female-ness

The biological classification of a person as female, male or intersex. It is usually assigned at birth based on a visual assessment of external anatomy.

Attraction (Sexual Orientation)

Nobody ○ → Men/Males/Masculinity
○ → Women/Females/Femininity

Attraction is who you are emotionally and physically attracted to, based on their sex and/or gender.

